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January 2019
Volume 16, Issue 8

BenefitsWise

"Better Benefits Through Collaboration"

2019 Open Enrollment is beginning soon...

The Annual Open Enrollment period is coming soon to your institution, this is the time when you are able to make changes to the insurance coverages for you and your eligible dependents under your employer sponsored plan.

During your Open Enrollment period, you may add, change or drop coverage. Outside of the Annual Open Enrollment period you may only make benefit changes within 30 days of a qualifying life event. *(examples of life events include marriage, birth, adoption, loss/gain of other coverage, etc.)*

Please pay close attention to the Open Enrollment materials and webinars coming to your institution, these materials provide you with an opportunity to learn more about ICUBA's plan offerings and enhancements, including a new supplemental benefit, **SurgeryPlus**, that is being added to your medical plan at no additional cost.

Also, during this time it is recommended that you verify that your mailing address has not changed. If it has, please contact your HR department to update your information.

Login at ICUBAbenefits.org during open enrollment and update your personal phone number and/or email address to be entered in this year's sweepstakes!



IRS Form 1095 is used to report medical insurance coverage to the IRS. The Form 1095 is provided to the IRS and to employees covered or eligible for coverage under the ICUBA medical plan for one or more months of 2018.

This form will report to you, the employee, whether you and your covered dependents, if applicable, were covered under the ICUBA medical plan. If you and your dependents were covered for at least nine months, you are not subject to any tax penalties for not having medical insurance.

Please note You will not need this form to file your taxes! All active employees may reference this tax form in your employee file at ICUBAbenefits.org.



We hear Teladoc's services for a low **\$5 copay** is saving enrolled ICUBA members time and energy when they need relief fast. Register to use Teladoc's services or by visiting ICUBA's SSO to BCBS MyHealthToolkitFL.com and connect with a board-certified doctor 24/7/365 through your phone or video consults. When it's convenient, a doctor will contact you ready to listen and resolve your issue.



Remember to visit our website—<http://ICUBAbenefits.org>

This user friendly site is your one stop shop for all things benefits! Visit our single sign-on section located below the scrolling banner and gain access to ICUBA's Brand Partners including BCBS My Health Toolkit , Rally, OptumRx Prescription Drug Portal, Resources for Living EAP, Aetna Navigator and, of course, the ICUBA MasterCard!

Congratulations to our Private Sweepstakes Winners!

Rally City Challenge

- ◇ Brenda Clark, Saint Leo University
- ◇ Brooke Wheeler, Florida Institute of Technology
- ◇ Eli Olken-Dann, Barry University
- ◇ Everett Jno Baptiste, The University of Tampa
- ◇ Glenn Wilkes, Rollins College
- ◇ Joseph Hughes, Rollins College
- ◇ Kelly Henson-Evertz, Nova Southeastern University
- ◇ Kristina Phipps, Saint Leo University
- ◇ William Wilson, Saint Leo University

Rally Survey

- ◇ Anna Kaye Grange, Nova Southeastern University
- ◇ Felix Perez, Tampa Preparatory School
- ◇ Jacqueline Lingner, Florida Institute of Technology
- ◇ Linda Green, Saint Leo University
- ◇ Rochrisha Gay, Nova Southeastern University
- ◇ Sandhu Harshdeep, Nova Southeastern University

Rally Mission

- ◇ Bryan Hagopian, Nova Southeastern University
- ◇ Chad Berryhill, Saint Leo University
- ◇ Christina Stryker, Beacon College
- ◇ Janet Vanguilder, Saint Leo University
- ◇ Larry Marfise, The University of Tampa
- ◇ John Newman, The Bolles School
- ◇ Perla Najman, Nova Southeastern University
- ◇ Rodd Newcombe, Florida Institute of Technology
- ◇ Stephen McCrath, Barry University
- ◇ Susan Kwartler, Saint Mark's Episcopal Day School



Rally makes it easy to make small challenges, step by step...

Get started now and you'll get a custom-created program designed to help you live healthier.

After registering, accept your Missions, based on your Rally age, and you'll get a list of easy, fun custom-picked missions to try – all designed to help you eat better, lift your fitness level and even improve your mood.

You'll earn Rally coins when you complete your missions, complete a challenge – or even just for logging in once a day. You can use the coins to enter to earn rewards for all that good work! It's a great way to experience the rewards of healthy living.

Coins can be used for merchandise discounts, auctions, and can even be donated to charity!



My Health Toolkit



Mobile App

Carry My Health Toolkit[®] with you everywhere.

Your benefits are with you wherever you go, whenever you need them with the My Health Toolkit app. With it, you can:

VIEW and share your digital ID card

CHECK the status of your claims fast

SEE what's covered by your health plan

FIND a local provider who's right for you

And more!

If you already use the My Health Toolkit website, your username and password is the same for the mobile app. New users can register through the app.

Download it today — it's there whenever you need it! Just grab your mobile device and search for My Health Toolkit in the App Store or Google Play.

